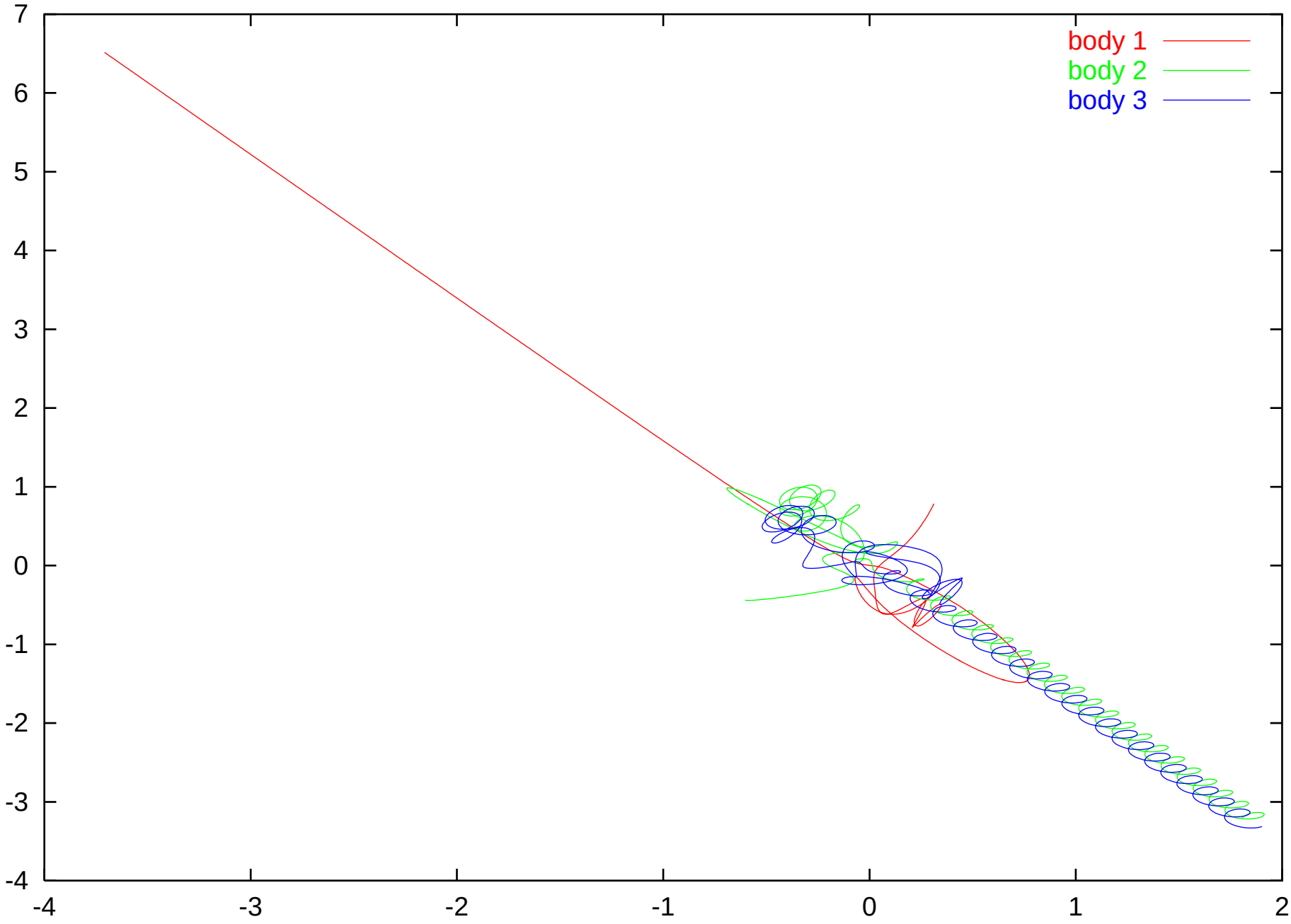
body 1
body 2
body 3
7
6
5
4
3
2
1
0
-1
-2
-3
-4
-4
-3
-2
-1
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1
2